



The Reflection

Bishop's Invite us on a Gospel Experience **<http://thereflection.vividas.com>**

If you are looking for ways to enrich your personal Lenten experience, or even to undertake something that will bring family and friends together in a new way during the Easter journey, the Australian Catholic Bishops Conference (Commission for Mission and Faith Formation) invites you to join in their innovative program – **The Reflection**.

Launched last year, the success of **The Reflection** 2010 was overwhelming.

It is estimated that well over 30,000 people throughout 26 countries logged on each week during Lent to explore and meditate on the Sunday Gospels using the prayerful meditation of *lectio divina* with our Australian Bishops.

This year, we will again be able to hear the personal reflections from our Bishops, including beautiful words from recently departed Bishop Joseph Grech (Sandhurst Diocese), who was a deeply enthusiastic supporter of the project.

As part of the *lectio divina* process, the bishops will encourage you to read each Gospel text and to then take time to reflect on what becomes immediately present through the reading, and then later to explore how the reading contributes to your personal understanding of Jesus.

Commencing at midday on Monday 7 March 2011, **The Reflection** will comprise seven short weekly episodes posted at the same time each Monday during Lent.

Each episode will remain archived on the site so you can undertake it at your own pace. If you should happen to miss an episode, it will be there for you to replay at any time. This wonderful flexibility is an added bonus in the busy lives that we all lead.

“This is a unique project for the Australian Church”, says the ACBC Commission for Mission and Faith Formation chair, Archbishop John Bathersby.

“I encourage you to take this opportunity to do something positive this Lent – make a commitment, and do **The Reflection**.”

Visit the website <http://thereflection.vividas.com> now to find out more about this exciting program, and to view samples from last year's program.

You will also find there video instructions for undertaking *lectio divina*; a **downloadable booklet** to take you through the readings for the period and **Q&As** to assist further discussion.

For any further information please contact Annie Carrett, Diocese Broken Bay, 02 9847 0724 or news@dbb.org.au

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Australian Archbishops and Bishops Participating in The Reflection:

Most Rev Philip Wilson (Adelaide)
Most Rev John Bathersby (Brisbane)
Most Rev Denis Hart (Melbourne)
Most Rev Mark Coleridge (Canberra-Goulburn)
Most Rev Adrian L. Doyle (Hobart)
Most Rev Michael McKenna (Bathurst)
Most Rev Eugene Hurley (Darwin)
Most Rev Timothy Costelloe (Melbourne)
Most Rev Justin Bianchini (Geraldton)
Most Rev Peter Elliott (Melbourne)
Most Rev Leslie Tomlinson (Melbourne)
Most Rev Bill Morris (Toowoomba)
Most Rev Christopher Prowse (Sale)

Including a special tribute to Most Rev Joseph A. Grech (Sandhurst)

For further media information/ interview opportunities please contact:

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